

September 24<sup>th</sup>, 2013

### Summary of Pathways to Prevention: Part IV

*SCOPE acts not as a source for its own prevention framework, but as a convener and resource for integrating effective prevention frameworks developed across the field. To the extent these frameworks have commonalities that make them effective, SCOPE endorses these principles as key to any effective framework.*

1. *Prevention is integrated across disciplines and therefore collaborative;*
2. *Prevention is holistic (addressing physical, spiritual and emotional well-being)*
3. *Prevention is evidence-based and/or able to demonstrate efficacy;*
4. *Prevention is strategic in design and implementation;*
5. *Prevention is multi-targeted, directed at the individual, the community and the society (environmental);*

*SCOPE encourages the perspective that prevention is conscious of social justice and mindful of systemic inequity, privilege and power dynamics that affect multiple and intersecting identities.*

Several such frameworks exist, but are not summarized in one place as a primer on effective prevention. SCOPE aims to serve as a synergizing entity for the field of prevention by highlighting and cataloguing the following models for practitioners.

Models:

- I. Public Health
- II. Gordon's Operational
- III. Social-Ecological
- IV. Spectrum of Prevention

#### *Spectrum of Prevention*

The Spectrum of Prevention is a “systematic tool that promotes a multifaceted range of activities for effective prevention developed by Larry Cohen based on the work of Marshall Swift.”<sup>1</sup> It identifies multiple levels of prevention and moves beyond the idea of prevention as education only, framing a comprehensive understanding of prevention through six complementary levels. When the levels are used in conjunction with one another, greater effectiveness is possible. Identifying the most important activities for your prevention objective at each level allows for interrelated actions at other levels.<sup>2</sup>

1. Strengthening individual knowledge and skills: enhancing and individual's capability of preventing injury or illness and promoting safety

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<sup>1</sup> <http://www.preventioninstitute.org/component/taxonomy/term/list/94/127.html>

<sup>2</sup> Ibid.

2. Promoting community education: reaching groups of people with information and resources to promote health and safety
3. Educating providers: informing providers who will transmit skills and knowledge to others
4. Fostering coalitions and networks: convening groups and individuals for broader goals and greater impact
5. Changing organizational practices: adapting regulations and shaping norms to improve health and safety
6. Influencing policy and legislation: developing strategies to change laws and policies to influence outcomes<sup>3</sup>

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<sup>3</sup> <http://www.preventioninstitute.org/component/taxonomy/term/list/94/127.html>